



MAY 2006

Q MAGAZINE

New BIG Issue:

Q Culture,
Q Wine, Q Music,
Q Beauty, Q Extra,
Q Cosmetic,
Q Travel, Q Win,
In Bed with Ben,
Generation Q,
Q Business Profile,
Five pages of pics,
and much more.

*A New Album, A New Home - 70's singing sensation
Leo Sayer is still going strong and gave Q! an exclusive.
Q Magazine - Made Locally! Enjoyed Nationally!*

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q comment: **WHAT A LIFE**

The subject has come up several times in the past month or so - the fact that people like myself [who live, breath, eat, sleep and more as a Gay man in a Gay world] are extremely fortunate. Not having to hide or apologise for our sexuality - and although being Gay is not the ONLY thing that makes up our personalities - it is much easier to be who we are.

As some of you may be aware, I was married for ten years and have a 15 year old son. Throughout this time, exploring my sexuality was not an easy thing - although quite text book when analysed [I am not venturing any further into that subject]. Since moving to Melbourne however [as a Gay man] my life has never been happier - to spite having to deal with a couple of major health issues [including Cancer]. Throughout this time, I was consoled by the fact that I had my Gay "family" around me for support - and still do when I fall ill or need moral reassurance.

I now serve voluntarily on eight boards in Victoria [plus Nationally as a State representative on NAPWA] and work with two separate Gay businesses - Q Magazine and JOY Melbourne [as a contract sales person] - all of which I do as an openly Gay man - and because of a strong belief that one should do what one can for the community they identify as being a member of.

The icing on the cake though is the wonderful invitations I receive to functions such as theatre nights, openings, and social occasions like the one pictured below with the boys and girls from Sony BMG and the boys from Westlife. I do this also as a Gay man.

Thank you Melbourne for being the greatest city in the world for all people - regardless of sexuality.



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Compliments of Sony BMG.

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ISSN 1449-499X

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Netkey Pty Ltd
ACN 078 939 054
ABN 43 356 502 122
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q celebrity: LEO SAYER

Meeting Leo Sayer was one of the highlights of my year thus far. We chatted for [what seemed] hours at the Sony BMG offices in South Melbourne...and ended the interview with a hug! Just one of the most delightful men I have ever met.

What's it like to have someone do a remix of one of your songs?

Meck was trawling around L.A. [we all go to this huge record store there, I think it is called the Aardvark or something like that and DJ's go there hoping to find some kind of obscure record that has slipped through the net, magically take the vocal off and then, if it works, get the permission to remix the track...I've actually replenished some of my back catalogue on vinyl from there] found my song, rang me to get permission [which of course I said yes] then I pointed him toward the record label and somehow it slipped passed the people at Warner here in Australia – which is why, although my catalogue is with Warner, Sony BMG have the rights for this one – which is great cause they are a very aggressive label. He originally wanted to call it "Steal My Thunder" and I said no...how about "Thunder in My Heart Again!" – so they agreed. I think all the dance mixes from now on will be "Again" – like "You Make Me Feel Like Dancing Again" etc etc. [laughs] I think he did a great job. I was knocked out cause he and the guys who worked on it showed total respect for the original which was great. It is such a powerful vocal you couldn't butcher it too much. It actually was first released as a white label [without me being in the video clip], then someone snuck it into Pete Tong's place and he took it into Radio 1 – and a few people there started to play it – and a young husky voiced announcer during the day called it "A Guilty Pleasure", but they all spotted it was me and it leaked to the press that the record was getting great airplay and one of the broadsheet tabloids thought there was a story in it – you know, Leo has run off to Australia, does he know it is a hit – didn't ask me, they just did an article saying Leo has a huge hit in the UK and he is missing somewhere in Australia. The reason that came about was they asked Meck [and his team and the record label] why they didn't include me and they said "well we don't know where he is", "he never answers our calls" – they made up a story basically – but of course I did know. The story ended up a bit twisted as time went on, but it was a good story and we had all these people trying to hunt me down.

Well that brings me to asking "Why the move to Australia"?

I have always loved it here. For me it was a no-brainer. The International Tours got fewer and farther between and I would always be down here – I have so many mates here – and my business partner Donatella and I were at Melbourne International Airport and we looked at each other and said "where are we going"? – and we realised that home was really Australia. So we looked at the Visa situation, and at the time she had a chance of working with some other artists because she had done such a great job with my career but in the end it wasn't enough for her to get the right kind of Visa, so we went for a Visa together. At the end of the day I think it was the fastest ever granted talent visas – so somebody in Canberra thinks I am an asset to the Country – which is good! And in some ways I think I am – I hire a big Sydney Band, so I am providing employment for Australians – and I think everybody is getting used to the fact that I don't really think of myself as an Englishman [completely] anymore, I think of myself as an Australian – I am what they call a Possie [a pom/auissie].

Mate, I love it here – the freedoms, the lifestyle. Look at the Gay sector. It's able to celebrate its existence and actually say that it exists and not have to hide away like it does have to in some parts of Europe – which shows the human freedoms that can be celebrated in this Country.

Voice in My Head, I loved the album.

It was never designed to be an instant album, it was like a series of songs that came to me [like little visions really] and it was a lovely project. I wrote and produced it. It was the first chance I have had to do that. What happened was I was in the UK and went over to an ex-girlfriend in Denmark who was making an album and I went over basically to play harmonica and sing some songs with her – about six years ago now – and I wasn't really doing much, so I thought why not. I walked into this incredible recording studio – all privately owned – and the guy who owns it came down in one of the recording sessions and said "I'm the biggest Leo Sayer fan in the world" and he invited me to work there on my own album. I shelved what I was doing at the time in L.A. and started work on this album. I brought a bunch of great musicians over with whom I worked before, a few visiting American musicians, a couple of singers in Denmark – and we had an opportunity in the middle of the album to go off to record strings in Prague – a ten hour drive and we thought why not! It was all an adventure but it was wonderful because Henning [the guy who owned the studio] just gave me carte blanc – I started off planning to spend 60 days and ended up spending 160 days making it. It has a lot of attention to detail – the sound is what I heard – I hate unplugged – I have always dreamed up big records.

Your popularity transcends sexualities. Do you have any thoughts on that?

I have a great Gay following in the UK, America, here, whatever you know and I am very proud of that – I think it is also the fact that I am acutely aware that in me as a person, I have so many female genes – I hang around with girls and even go to the loo with them when we're out clubbing or partying – cause they just don't think of me as a threat. I'm one of the girls really and I always celebrate that side of myself....and I think there is so much of a mix-up on who we are supposed to be [cocks or hens as it were] and I think it is such bullshit. In the song – Everyone – I love everyone, that includes all the demographics of sexuality as well. It's supposed to! We can't really say that one person is better than another.

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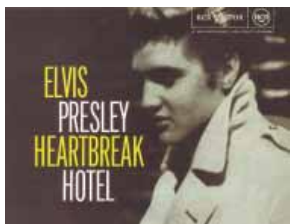
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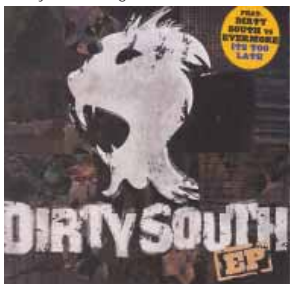
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q music: SUGAR FOR THE EARS



The King

From Sony BMG comes the Limited 50th Anniversary Release of Heartbreak Hotel from the King. Pick it up today from all good record stores.



Dirty South

It is little wonder why the electronic music scene is thriving so brilliantly when there are people like Dirty South bringing out EP's like this one. Four brilliantly produced tracks assured to grace even the most discerning of dance floors. In store now through Beat Broker.



Leo Sayer

From our cover boy comes this double CD of amazing proportions. 15 tracks of new material on one, 12 of the hits you know and love on the other. Voice in My Head is out now through ABC Music and available in all good record stores. It's a bit of the old and a lot of the new.



Infernal

Amazing vocals sure to please all music lovers is this Australian Tour Edition double CD from Infernal and Central Station Records. The album includes all the tracks you know and love plus a bonus CD featuring exclusive Paris to Berlin mixes and 2 video clips.



The TEN Tenors

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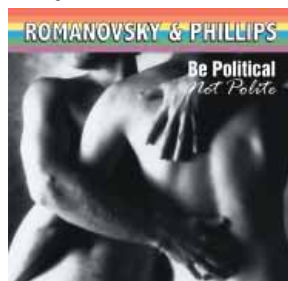
JOY Melbourne

Central Station Records have released Volume 2 of the very popular JOY 94.9 Anthems featuring 36 tracks over two fabulous CD's. In all good music stores now.



Jamie Foxx

This highly anticipated album including the smash single "Unpredictable" is out now through Sony BMG and includes guest star appearances by Kanye West, The Game, Common and Snoop Dogg. The CD also has a bonus poster inside for the real fan among us.



Be Political, Not Polite

A new music label has launched to bring the best of gay music to the GLBTi community of Australia. outMUSIC has kicked off with 2 releases from the gay cabaret duo, Romanovsky and Phillips - who are previously unreleased in Australia. As the title of the album says, they are very political - with their original songs based around gay rights, and specifically queer issues - all bundled in a fun package that will bring a smile to your face, and keep your toes tapping. outMUSIC also has a range of over 20 gay dance compilations available, including the official 2006 Gay Games CD.

The full range of music is available to view at outMUSIC.com.au.

q win: ROLL UP ROLL UP

Meck feat. Leo Sayer
Thunder In My Heart Again



Sony BMG

Via the incredible talents of Meck, our cover boy's hit "Thunder In My Heart" has been remixed and funkced up. Four separate mixes on the one single and you could be one of ten lucky owners with the compliments of Emily and the crew at Sony BMG and Q Magazine. Email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Leo" in the subject line to win.



Warner Music

He's one of the hottest artists around right now, and through the generosity of Alice and the team at Warner Music, we have 5 "Signed" JASON MRAZ - MR A-Z - Albums for you. The album is out now and features the singles 'Wordplay' and 'Geek In The Pink'. Email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Mr A-Z" in the subject line to get your hands on one of these true collectors items.

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We have everything to make your home smell good and be ultra-clean with 2 complete cinderella packs [see next page for details]. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "cinderella" in the subject line to enter.

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And again, from our friends at EDG, we have 20 Free Games of Bowling + Shoe Hire passes @ Kingpin Bowling Lounge at Melbourne Central. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "kingpin" in the subject line to enter.



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q business: SOUTHSIDE TRADING

This is the beginning of a series of quick chats I'll be having with Gay business people in and around Melbourne. I started in my neighbourhood with Kye at Heaven@151.

Q - Is this your first venture into the world of restaurants / cafes?

Kye - No, I have always been a restaurant manager and also a hospitality trainer.

Q - Who is in the business with you - or is it all yours?

Kye - The business belongs to both myself and my boyfriend Edmond. We share the duties equally, although I have to say, Edmond makes a much better coffee than I do. Although it gets tiring sometimes [with the long hours], it does give us time to spend together. We love it.

Q - Some people say Commercial Road is dead...what are you thoughts?

Kye - I wouldn't say that the strip is dead, but it could be a lot better. The thing is though, that a lot of people don't come out until late on most nights. We're doing alright though because people know that the Cafe has not, and will not, put the prices up for a long time yet....which makes us one of the most inexpensive cafes around. If our customers are not happy then we're not happy. We always look forward to criticism - whether it be good or bad. To put it simply....if our customers don't tell us we don't know.

q extra: WHAT'S NEW FOR YOU



Now you can raise your arms with confidence as QV has just launched a range of deodorants and antiperspirants that are powerful enough to control body odour all day long. Instead of simply masking the smell of body odour with fragrance, QV targets body odour at the source. **QV Naked Deodorants** combat body odour by incorporating Biosorb™ Crystals, which control the bacteria that produce odour. Similarly, QV Naked Antiperspirants successfully reduce the level of perspiration present, which decreases body odour.

QV Naked Deodorant and QV Naked Anti-perspirant are both available in a 75g roll-on and a 100g aerosol with RRP from \$4.99. As with all products in the QV range, QV Naked is available exclusively through pharmacies nationally. Always read the label and use only as directed.

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scum, mould and calcium buildup while making taps sparkle. This product leaves a protective coating to make future cleaning easier.

Pineapple & Coconut Good as New Floor Cleaner This unique floor cleaner can be used on anything from tiles to treated timber. It leaves a great lingering fragrance.

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Passionfruit Super Fast Oven & BBQ Cleaner A non alkaline cleaner that removes grease and baked on food quickly and safely.

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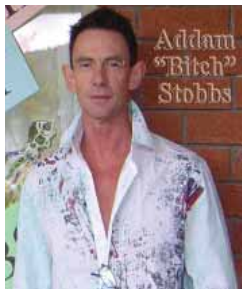
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q whispers: with ADDAM STOBBS



Why do we need to have these huge parties and carnivals? Is it all too much?

Just looking back at my "budget" over the last 5 months, and I reel in shock at the amount of money I shell out going to all these huge community "do's" that we are all compelled to attend.

None of them are really expensive in their own right, but when you add up: three or four shows during Midsumma (and dinner); taxis (in case they make me drink); membership to many of the organisations that host these events (except Midsumma – never had a membership renewal off them for years – wonder who I pissed off this time); tickets to Queer Film; entrance fees; food; drink; and donations - it came close to \$1,000.00 this year (Botox and 'relief' therapy not included).

Did I get my money's worth? I loved going to Midsumma, Pride March, and Queer film (although I hated most of the movies I saw), and there was the usual barrage of friends who have just broken up with their partners who use me as the vessel of their discontent to deposit and bemoan their own miseries, and of course all of the other people who I know who happen to be at every event.

I didn't venture to Mardi Gras this year (just as well considering the my well known opinion about it), or Chillout, but they were all well attended. What does this tell us and the wider society about the G&L culture? It tells them that we are HERE and we can do it all BETTER than they can. Imagine what would happen if you got 20,000 straights at an event like Midsumma carnival or Mardi Gras fair day? It would be FERAL. All the years I have been to these events I have never seen any real violence or anger.

What do we get for our money? We get a sense of belonging to a community that, whilst it has some problems, they are not really so much our problems, but the problems that the heterosexual community would manifest on us, citing it is as their "better values" based on their "morals".

We need these massive events to give those who are not able to access our community readily, a sense of belonging, so they can see that we are here, we are a community, and we are not going to go away. For those of us who are a part of the community, it is our chance to celebrate our pride, achievements, and culture, and to give the up and coming generations of gay people something to build a better future on. It also gives me a reasonable supply of sexy men who don't know me and believe me when I try to act naive. God I love being me.

q says: with CANDI STRATTON

DO YOU BELIEVE Cher lost her virginity to Warren Beatty?

A few weeks ago, I was coming back from Sydney and was reading an amazing book called 'The First Time' by none other than Cher, a collection of memories she compiled of her 'First Times' in life. A particular memory that got my attention was her encounter with Warren Beatty at a young age, and how this really set the stage for what would become a lifelong career in the public eye. She is an amazing woman and has inspired me in so many aspects of my life, and I will never get tired of hearing her songs and stories, they really do make you 'believe'. Get the book, get the DVD, and share with me, my love for the ultimate DIVA, MISS CHER!



Candi Stratton performs her immaculate Tribute to Cher Show - Friday May 12th, Market Hotel. details at: ozchershow.com

q joke of the month

A young gay man calls home and tells his Jewish mother that he has decided to go back into the closet because he has met a wonderful girl and they are going to be married. He tells his mother that he is sure she will be happier since he knows that his gay lifestyle has been very disturbing to her.

She responds that she is indeed delighted and asks tentatively, "I suppose it would be too much to hope that she would be Jewish?" He tells her that not only is the girl Jewish but from a wealthy Beverly Hills family. And her father is a doctor.

She admits she is overwhelmed by the news, and asks, "What is this wonderful girl's name?"

He answers, "Monica Lewinsky."

There is a pause, then his mother asks, "What happened to that nice black boy you were dating last year?"

q wine: with PETE DILLON

There is a tad of frigidity in the air, and after such an exciting Commonwealth Games, my mind turns to but one thing.... AFL football and hot men in tight shorts. But I digress. The games were a great perve fest as well....Now that Autumn is on us and the nights are starting to have that chilly edge to them, and daylight saving has passed us by, there is only one thing to do – start stockpiling firewood and stock the cellar with quality Aussie red wine, which is without doubt, the best in the world. And the focus for me is on good solid Victorian Reds. The harvests in the past few years have been kind to Victoria, and whilst there is a glut of fruit on the market, this means cheaper wines for the consumer. This brings me to Nagambie Lakes (don't ask me how I got here but I am pleased I made it unscathed). I know I am in the Goulbourn Valley of Victoria, sort of half way between Shepparton and Seymour.

Dalfarras winery in Nagambie is blessed with a little patch of amazing clod in which they grow a great Shiraz. If you can get hold of the 2000, you can drink it now and pay about \$15 for it. The bottles are labelled with art by the winemakers/owners wife, Rosa, and we know the winemaker himself from Tahbilk. Spicy, bold and almost sensuous, it is a delightful little drop full of vigour.

Mitchelton is a favourite place of mine, sitting on the edge of the Nagambie Lakes, on a sprawling property. Whilst it has been purchased by Petaluma, it has retained its impressive array of wines. The '99 Print Shiraz is stunning. A stylish drop that emphasises black cherry and blackberry flavours on the mid palette, and some soft, gentle tannins, this is a great special occasion wine at \$49. On the more reasonable side, the '01 Central Victorian Shiraz is loaded with red and black fruit flavours somewhere around the middle of the palette, and has a fantastic finish. It will age beautifully (just like me) and will be as popular as John So at your next dinner party. And at \$20, you can't go wrong.

Finally, the Tahbilk winery is probably most famous in the region. Made from vines planted in 1860, their reds are of superior quality. Sit down and watch a game of footy, or propose marriage, with a bottle of the '98 Reserve Cabernet Sauvignon. It's expensive at \$70, but has beautiful character, more than a strong hint of blackcurrant, subtle French oak and a wonderful structure, with a sublime finish.

Like a squirrel stocking nuts for winter, start to fill the wine rack with some quality drops of good Victorian reds, and you will spend your winter hibernation in Bliss!!

For further information on any of the wines highlighted in Q Wine, please either email Pete at wine@qmagazine.com.au or call him on 0409142365

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q invest: with LISA PARKER



Lisa Parker

If you have a question or wish to seek advice from Lisa, please email invest@qmagazine.com.au

Finances are just as important as a hair cut.....

They really are!!!

Financial Planners & Property Advisors are probably the best people to have assist you get to your final destination, so why then do most people take advice from well meaning, un informed friends instead of enlisting the help of professionals. It strikes me as odd that most of us wouldn't dare risk putting our monthly hair cut & colour in the hands of a well intended but un qualified friend and nor would we ask that same friend to do our bi yearly pap smears (sorry guys – yes it is that gross for us too), so why then would we let that same friend “advise” us as to where the next property hot spot is going to be, or which super fund has the highest returns right now!!

People, you can't possibly be serious, money is just as important as our latest do (yes I know that I am talking to the gay community and fashion rates highly), forgive me for just a second, but honestly do you want to end up earning a measly \$16k on the pension or do you want to be out sporting the latest convertible and still pulling (excuse the pun), toy boys. ...I know what I want to be doing!!

The are only two reasons I can think of for that:

a) people are afraid of really sitting down and looking at their finances through fear of finding out that they are officially dead broke or;

b) that they are afraid that their advisor is ripping them off!! (For other likely reasons please email me – I love enlightenment)

Both are valid reasons to avoid any property or financial advisor, however the risk of not doing something is too great to avoid finding a solution to the problem.

So if you are afraid that your dead broke – chances are that you are.....and there's little hope for you, so just keep partying baby.

If you are in fact a little doubtful that an advisor really does “have your best interest at heart” your probably right, but here a few things you can do to ensure that your money is well invested and your not being taken for a ride:

- Ask your advisor to confirm in writing what they understand your needs to be
- Request that any and all commissions & referral fee's are fully disclosed
- Request to pay a fee for service and ask that the commissions be rebated back to you
- Ensure the advisor shows you exactly how their recommendation is going to benefit you and help you achieve your goals
- Request supporting documentation to back up their recommendation
- Don't be an idiot – use your own brains & intuition, ask a lot of questions and do your own research

In short – there is no reason for you to risk ending up on the pension (currently only about \$16K per year and declining), take this list and go shopping for a trustworthy expert today, better still, just contact me!!

Now that I have shown you what to look for, I will have to stick to the list myself!!!!



q exhibition: JOEL SEAH



Joel's work is gay themed and tackles the barriers we have expressing our feelings to each other through our own language.

He will be doing a show from the 08th to the 15th of May at QUT Art Museum Brisbane, part of the IDAA (International Digital Art Awards), then from the 16th to 23rd of May at the Victorian College of the Arts [VCA University of Melbourne], and finishing up at Jan Manton Art - Melbourne Street, Brisbane from the 26th of May to the 17th of June, with an opening party @ Uber Bar, Brisbane on the evening of the 26th of May.

Joel really is the whole package, he's a university professor, highly intelligent and articulate, a visual artist, performance artist, he used to be a go-go dancer and his work is in US collections alongside Rauschenberg and Andy Warhol.

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q fashion: with CRAIG MICHAELS



For questions or further information, please email Craig at fashion@qmagazine.com.au

Dressing for success!

Well last month's article caused quite a stir. For the readers who missed last month's issue, it was about how to find a great stylist to assist you to dress for success.

The emails were coming in thick and fast. I was even asked what would I know, "you are just another queen trying to dress boys". This made me stop and think, I guess our readers would not know that I have been selected again to dress the winners of the Garnier competition in TV week for the Australian Logies.

This is just one of the gigs that First Impressions Count carries out. First Impressions is an Image Transformation company specialising in assisting people to go to the next level - whether it is in your business or your personal life.

In December, we were on Bent

TV discussing why people want to change their own individual image. It was great being a part of a panel interview openly discussing Personal Image, Cosmetic changes and the psychological changes and impacts that the scene can have on all of us. I guess we have to realise that there is only so much that we can do about our personal image.

The emails asked me: so where do we start? how can we compete with all the beautiful boys on the scene? The first thing that I could relate to is that you have to be happy with yourself. Ask yourself: are you happy with your personal image/ body shape? If not, what are you doing about this? Still I was asked: how do I change? The answer is not simple. The answer is a lot of hard work. If you are carrying a little more weight than you want to, clothes will only hide it for so long. 'If you get what I mean'. Eventually the lights will come on.

So I was asked: "where do I start?"

Ask yourself the following questions:

1. Are you happy with your current body shape?
- If not, ask yourself:
 2. Do you eat the right foods?
 3. Do you drink a lot of beer?
 4. Are you doing any exercise?

These are all the questions that we have to ask ourselves before we even look at our clothes. There are some great Personal Trainers and Gyms around that can assist you through this process. Then it is the next step which is about the clothes.

How do you dress for success? You need to determine a few things first:

What career do you want to work in? (not what you are working in). When you get ready in the morning, do you look in the mirror and check whether you look ok? If so, we have one simple rule and that is: if it looks "Ok" then you need to change it so it looks great. You need to dress for the job that you want to do not the job you are currently doing.

First Impressions Count will assist you in all of these areas and as a special offer for readers of Q Magazine First Impressions Count will give each reader that books through Q a 1 hour consultation valued at \$120.

This includes:

Complimentary champagne, wine, beer, or refreshments, on arrival
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Next month will be devoted to you - asking questions about what you are unsure about and how we can help you over come any of these issues....Until then.

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q travel: HONG KONG DELIGHTS

Pictures and article by Shek Graham



Even though I have flown via Hong Kong many times, this was the first time I had decided to stop there and visit some of its many delights. The first thing that struck me was the smog. It wasn't the yellow smog of Cairo, but a fine mist that cloaked the entire area. I had booked a hotel in Kowloon, and as we crossed a bridge to get to the island, much of the view was masked by the smog. It was a bit of a disappointing start. However, even through the smog, I could see the city had much to offer in terms of beautiful sights and some really classic buildings.



Kowloon is separated from the island of Hong Kong by a fairly narrow stretch of water. There are 3 tunnels that run beneath the harbour, and a fairly new suspension bridge, called the Tsing Ma Bridge. All are subject to massive traffic jams during the Hong Kong rush hour, and the bridge forms part of the link between the Hong Kong International Airport and the downtown areas. At over 2 kilometres long, it is the world's longest road-and-rail suspension bridge.

Now, I could tell you about the wonderful views from Victoria Heights, and the ride on the amazingly steep funicular railway to and from the peak, or the boat trips around Aberdeen Harbour. I could even tell you about the surprisingly lovely beaches, the amazing architecture of the city centre, and the colourful trams. . . . but what you really want to know about is the shopping. . . right? Well, OK then.



Our hotel was situated just off Nathan Road, an internationally famous shopping area which also has superb street markets within a stone's throw of the main road, including the Ladies Market and the Temple Street Market. Now this was a good place to base ourselves for a shopping expedition . . . or two! The area also abounds with places to eat, both delicious and cheap authentic Hong Kong cuisine, and the overpriced ubiquitous Western fast food emporia!



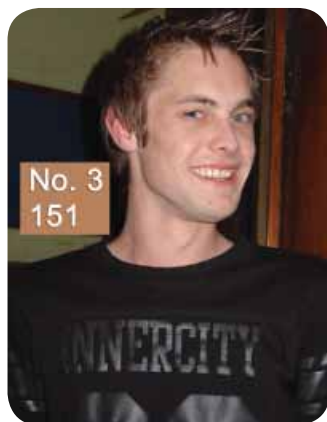
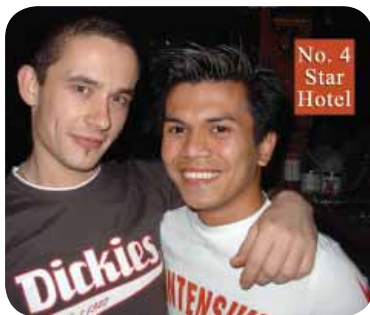
We visited several markets during our three days in Hong Kong, but my favourite shopping experience was the Temple Street Night Market just off Nathan Road. We visited this place two evenings running and bought a huge array of merchandise for next to nothing. It was the first time in many years that I had a joyful time doing the Christmas shopping! Every stall held a myriad of delights to enchant even the most jaded shopper. I had to buy a new suitcase to carry all my treasures home! Almost as much fun was Stanley Market, which is a day market based in the fishing village of Stanley on Hong Kong Island. This has more in the way of clothes as well as Chinese artwork and curios.



We also visited a factory outlook for exquisite jewellery. The prices were wonderfully inexpensive, and I came away from there, rather lighter in my pocket but clutching a beautiful gold chain for me, and two black pearl bracelets for my girlfriend. We were taken to this factory on one of the half day tours around the island, and we were even able to watch some very talented jewellery craftsmen as they worked. Everything came with certificates of authenticity and guarantees, very unlike the stuff to be found in the markets!! Hong Kong is also world-renowned for its stunning jade markets, but that is for another time!

q cuties: IT'S RAINING MEN

Our April Q Cuties title goes to our couple from The Peel Hotel - Collingwood. You have won a \$50 drink voucher at The Peel to share - which can be collected anytime by simply identifying yourself to the staff anytime from now - congratulations.



The idea is YOU choose the picture you think has the cutest guy or guys in it and sms 0429 88 QMAG with the corresponding number. The pic with the most votes will win a fabulous prize with the compliments of one of our advertisers and Q Magazine. So get your fingers working and vote today!!

If you think you've got what it takes to be a Q Cutie, send your picture and the name of your favourite venue to cutie@qmagazine.com.au. We'll choose one from a selection of the pics & venues each month and place them in our Q Cuties section. Pictures must be good quality and not contain any pink bits. Pictures can be of individuals or groups - contact details must also be included to verify the people in the pictures wish to be in Q Magazine. You never know - you could be our next Q Cutie.

Conditions: All Qmagazine competitions are open to everyone, except those that specifically state you must be over 18 to enter. Competitions close on the final day of each calendar month with all prizes being drawn at 5pm the following day at Apartment 3, 15 - 17 Charnwood Road, St. Kilda 3182. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of Qmagazine. All monthly Q Cuties winners will appear in the following edition of the publication.



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From the dear doctor's desk....

When I was clubbing with a gorgeous young thing, a bit of fluff came up and asked me how, at my age, could I dance all night and still look so good. I think eating correctly and exercise is the answer [Oh, and of course, a bit of this and a bit of that and a bit more this and that].

To contact Dr Tiffany, send your questions or comments to

deardrtiffany@qmagazine.com.au.

dear: DR TIFFANY

Dear Doctor Tiffany,

I am writing to you from Fortitude Valley in Queensland. I would like your advice on a personal problem. Problem might be the wrong word to use but I would like your advice: the other weekend some work mates and I went to a country fair at Lamington Plateau, which is about one and a half hours from home. They had all different rides including "climbing the greasy pole", which my work mates talked me into having a go on. Josh, the apprentice, helped me up on to the pole to make sure I didn't fall. When I got a little way up, my shorts went to one side while I was slipping back down the pole and Josh could see my grease ridden family jewels quite clearly.

Later, going home in the car, we had some Bundy and Cokes and became quite merry. The boys dropped Josh and myself off at my place, cause he just lives around the corner. By the time we had a couple more drinks, we ended up in bed together. The next morning we walked to work after we had made our lunches (sultana sandwiches). Do you think this is true love or just a sign of growing up?

Signed, Mark.

Dear Mark.

You are the second letter writer in two years who has made me feel quite moist. Now down to the letter. You must try to work out if Josh is interested in you or you sliding down a greasy pole or you sliding down a pole while your bits and pieces are hanging out, or sliding down the greasy pole with your bits and pieces covered in grease. If all the above has pushed his G spot, if you do sleep together again... Just ask him..." Are you in.. Love?"

Dear Dr Tiffany,

I am so infatuated with you. I follow you everywhere - to the point where I could be classified as a stalker.

Signed, Confused and Randy!

Dear Confused,

You must be worn out from going from club to club all the time, and although I am in my mid thirties, I have never been stalked before.

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love Tiffy.

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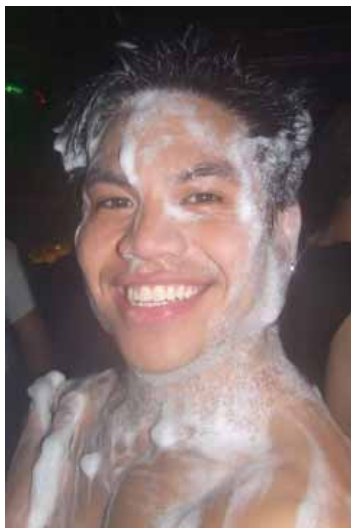
Well, my little bunnies, my eggs were well and truly rolled down a few hills last month, not to mention being eaten up by some young bucks around town.

Unlike my dear sisters - Tiffany and the lovely foul-mouthed Dulcie Du Jour - I am still young enough to have my eggs sought after, and whilst doing the rounds at Easter – and AGAIN on Anzac Eve - I had several boys trying to fertilise them with their young, thick, umm I'll let your imagination fill this in - the editor won't let me say certain things in case I offend someone.

Easter Thursday was THE night where all the little bunnies were out to play. I decided to start the night getting my eggs spruced up a bit at Spit n' Polish at the Laird. Admittedly, there weren't a lot of what I could really call 'bunnies' at the Laird, but there were certainly more than enough Hairs Hares, and from what I could see, it is true, some guys CAN f*#k like rabbits! Now, given all the confusion about who could open after midnight and who couldn't, I decided to play it safe and stay north of the river for the night. Knowing that the Peel has a better booze licence than the casino, this little bunnyette knew that her late night party was sorted.

*I do have some vague recollections of kissing
someone on a cross at 3pm on Good Friday, but
did that happen in St Patrick's or did it happen at
Club80?*

However, being a little early for the Peel (I think it was about 8pm), I called into DT's for a laugh at Dulcie's eggs. Sadly, Dulcie herself was not there, but her eggs were in a jar above the bar. Shane (the 14yo bar supervisor), was kind enough to let me squeeze and stroke his little bunny ears, and I completely forgot about my egg issue. Within a few minutes however, the bird that laid the golden egg – Tiffany – sauntered



into the venue with a gaggle of bunny boys at her side. It didn't take long however, for me to talk at least two of them into joining me for a quick Easter egg hunt at Wet on Wellington!

After a little fertilisation (and a shower), we all joined the queue at the Peel. That's right! A bloody queue at the Peel! What was this crap? Don't they know who I used to be? Luckily for me one of the bunnies knew another bunny who apparently knew the head bunny, who at some point had played with the BIG bunny... you know how it goes.... Anyway, we all got in, and it was there that the real party began. You know what it's like at holiday time, you see some sisters who you haven't seen in years (thank GOD!), and every one of them thinks you owe them a drink! Well, after using all of my pocket money on boy bunnies, I was not exactly flush enough to pay some of my booze I.O.U's. So what does a cute little bunnyette do in these situations? Go straight to the BIG bunny with an offer he simply can't refuse! - yet more of my precious eggs wasted - well, not quite wasted, I did manage to score a \$2457.00 drink card!

It was probably that card that caused me to not quite remember Good Friday, Easter Saturday, Easter Sunday or Easter Monday. I do have some vague recollections of kissing someone on a cross at 3pm on Good Friday, but did that happen in St Patrick's or did it happen at Club80?

I have also been reminded by several people that my particular version of the story of the resurrection on Easter Sunday at a party in Toorak was not the one that ANY church would approve of..... All I can say is that as a good catholic girl, I tried my best to erect as many young bunnies as possible. Pity I couldn't do much for myself though.... Anyhoo, it wasn't long after this little escapade that I found myself putting on my camouflage panties and preparing for Anzac Eve. Now on that night, it was go away little bunnies, and HELLO soldier boy!

From what I saw around town, there was quite a bit of manoeuvring going on, particularly on Commercial Road, but you guessed it - this little girl's juices started to flow, and when that happens, one simply has to get a taxi across the river.

"Give me ten bitch!" "Get down now!" "Quick - mount that horse you pig!" Ah, the memories of my military training. Or was it another night at the Laird.....

Morag



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in bed with: BEN



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Oops I did it again!!!

Happy Birthday to me, I'm one hundred and three, Hmm hmm, hmmm. Oh my God I just turned 25 and am in constant despair, as I've had over 3 people this year guess my age at 36!

Police have reported each of them missing and no where to be found. (He he, excellent!)

I have to dedicate part of this article to my good friend Guy, who is straight and writes poetry like, hmm who wrote poetry? Oh that's right, M&M's, oh no wait that's food. I mean Eminem. This is what Guy messaged me on my birthday in late March;

"Happy birthday Ben, no longer 10 now 25 and still no wife! What's up with you, are you ok? Oh I remember you are gay, well I really hope you have a great day!!!"

As you can tell, it has always been Guy's dream to have his poetry published, especially in the gay media, so I thought I'd help him realise his

life long dream. So logically, I'm dedicating the rest of this article to all the whacky and embarrassing things that we do in our lives.

Seeing as I can't mention any of my own, I've volunteered a couple from my friends, who are yet to find out!

One that seems to bring tears to my eyes every time is watching pedestrians try and walk through glass. There is nothing more amusing than seeing someone get the shock of their life when they realise a magic invisible wall has appeared right in front of them, especially at places like the Melbourne Aquarium? Who would have thought there was glass holding that water in, hey Adam?

"Happy birthday Ben, no longer 10 now 25 and still no wife! What's up with you, are you ok? Oh I remember you are gay, well I really hope you have a great day!!!"

My personal favourite and who the In Bed with Ben "Dumb Arse Award" goes to, is my housemate who has also inspired the title of this article.

Don't worry Roberto, I won't mention your name so everyone knows it was you. You see, Roberto, after having the house to himself one Saturday night, (yes I actually went out that night) had cranked up the music and was dancing to Britney Spears in the shower.

After busting a killer Britney dance move, Roberto put his neck out and needed to go to the hospital. Being stuck with his head to his shoulder, who did he call for help? Thankfully not me, cause there's nothing worse than seeing your housemate naked! Luckily he didn't have my number in his phone. Roberto, after not being able to get a hold of any of his friends, had to call an ex from the past. Try explaining that one to someone you hadn't seen in over a year!

Let's just say I'm sure he's not the only one that has done something completely embarrassing. We laugh, we cry and we hide in shame after some of our greatest stuff ups - but just remember we are all human at the end of the day. Be prepared to make a fool of yourself and stuff up things along the journey of life, it makes it all the more richer.

Oh, by the way, it is not too late to send birthday presents to In Bed With Ben, a man 6 ft, dark hair, husband material wrapped in a red bow would be great, if not - I'll settle for a blonde.....Till next time!

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q cosmetic: with DR. PAUL SPANO

Continued over leaf

WHAT IS LIPO-DISSOLVE?

Lipo-Dissolve is an exciting new treatment in Australia specifically designed to reduce the size of localised fat deposits on the body. It is ideal to treat the fat deposits that will not disappear despite maintaining proper diet and exercise. Lipo-Dissolve is an injection technique that uses a naturally occurring substance Phosphatidylcholine (PPC), which is found in every cell of the body. Phosphatidylcholine has been shown to break down fat to be later metabolized by the body. The broken down fat turns into energy, is used by the muscles or is excreted through the digestive process. PPC has been used successfully to treat fat deposits under the chin, on the hips, legs, arms, abdomen and waist. It is a wonderful alternative to costly and invasive surgical techniques such as liposuction and the results can be impressive. After treatment sessions are completed the skin is tighter and more contoured resulting in a flatter smoother appearance.

HOW OFTEN ARE THE TREATMENTS?

Each area needs a 6 week "rest" for the fat dissolving process to complete but other areas can be treated during this time.

HOW MANY TREATMENTS DOES IT TAKE?

Usually, most patients will reach their goals within 3-4 treatments per area depending on the severity of the volume to lose and how quickly their body responds to the treatment. More treatments can be done if required. It is a low cost, efficacious, and easy application method compared to surgical alternatives. Liposuction remains the treatment of choice for individuals wishing to part with larger fat deposits in a short period of time.

WHEN WILL I SEE THE RESULTS?

Initial results usually become apparent 3-4 weeks after the initial treatment. It takes 6 weeks for each treatment to reach their full effect. The results accumulate over time with each additional treatment. One treatment is not enough to see significant changes, as only a slight gradual reduction/softening of the treated area will occur.

IS IT PAINFUL?

Mildly uncomfortable would be a better term. The smallest gauge needle is used to inject the medicated solution into the treated area. A topical anaesthetic cream is applied 15 minutes before the procedure to increase comfort. Only a mild discomfort is felt from the fluid entering the adipose (fat) tissue.

IS IT PERMANENT?

The fat cells in each area don't regenerate. However, due to ageing, lack of exercise and poor diet, people may want further treatment over the years.

WHO CAN GET TREATED?

Lipo-Dissolve is not recommended for minors, pregnant females, nursing mothers, diabetics with vascular concerns, persons with autoimmune diseases, liver disease, persons who are severely obese or anyone with acute or chronic infection.

HOW LONG IS THE RECOVERY PERIOD?

The treatment requires no downtime and the patient may return to work or resume normal activities (apart from exercise) directly after treatments. Approximately 20 minutes post injection the patient will notice some redness, slight bruising and experience a stinging sensation, but rarely are the treatments painful. These are natural inflammatory reactions to the emulsion and dispersion of fat, signifying the procedure is successful. Some tenderness similar to a bruise can be felt following the procedure. Discomfort may be felt if wearing tight clothes or under a belt (if waist treated) as well as during the night if sleeping on the treated area. By one week most of the skin changes (bruising/redness/tenderness) reduce and rarely require more than 2 weeks to resolve completely.



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q cosmetic: CONTINUED...

WHAT ARE THE RISKS INVOLVED?

Lipo-Dissolve treatments are extremely safe. There have been reports of minor skin colour change and very rarely a sore that requires healing (These are reports from overseas). This treatment has been used successfully in Europe and South America for over 10 years.

IS IT THE SAME AS MESOTHERAPY?

Lipo-Dissolve is a type of mesotherapy focused on dissolving fat specifically. It is a specialised form of mesotherapy. By definition, mesotherapy is the practice of using micro-injections of conventional or homeopathic medication and/or vitamins into the middle layer of skin to deliver healing or corrective treatment to a specific area of the body.

WILL LIPO-DISSOLVE GET RID OF CELLULITE?

The Medical Term for Cellulite is Dermatomyoliposclerosis (DMLS)

Cellulite is a skin condition affecting over 90% of most post-pubescent women. Even those with a slim figure often complain about cellulite's external visible symptoms — its lumpy, dimpled appearance. Cellulite commonly appears on the hips, buttocks and legs, but is not caused by being overweight, as many believe. Fat cells are arranged in chambers surrounded by connective tissue called septae (fibrous bands). As water is retained, fat cells held within the perimeters of this area expand and stretch the connective tissue. Eventually this connective tissue contracts and hardens (sclerosis) holding the skin inwards, while the surrounding tissue continues to expand with weight, or water gain. This results in areas of the skin being held down while other sections bulge outward, resulting in the lumpy, 'cottage-cheese' appearance. (Like fat pressed up tight against chicken wire).

Lipo-Dissolve will greatly improve the appearance of cellulite by assisting in emptying the bulging fat cells. It won't remove the fibrous connective tissue but can smooth the surface of the skin.

AFTER TREATMENT INSTRUCTIONS:

No exercise for the remainder of the day after the treatment.

Take Paracetamol for discomfort if desired NOT Aspirin or Nurofen on the day as they may increase the risks of bruising.

Wear loose fitting clothing to reduce discomfort.

Ice the area on/off for the remaining of the day after the treatment to minimize swelling.

q movie: from 21st CENTURY



Persecution, death and hidden family secrets

Although not a Gay film, "Day of Wrath" is based on a theme the Gay community can easily relate to: persecution for no other reason than what or who you are.

Christopher Lambert is simply brilliant in this story about a small town boy who returns home to take up the post of Sherriff. Based in a time long ago, his trouble-free world soon gets turned upside down by a series of brutal murders. Although that sounds gruesome enough, it is complicated by the bewildering cover-up that follows.

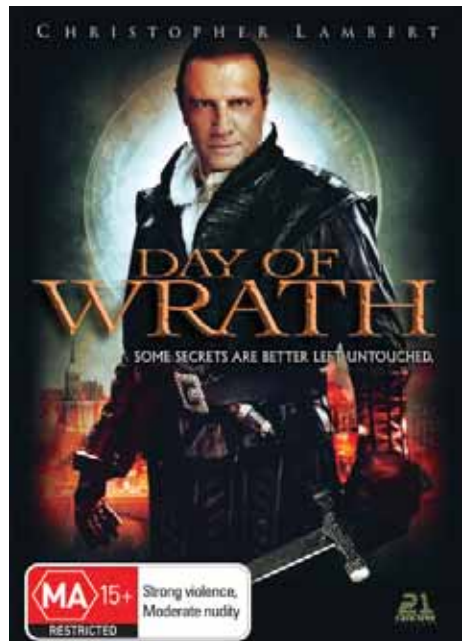
Faced with his own domestic problems [his wife is a devout Catholic and believes that any advances of a sexual nature toward her by her husband is sinful and inappropriate] he turns to drink - which only gives the orchestrators of the cover-up more fuel for their fire, using his booze-induced state as a reason for his apparent visions of dead people in the streets.

Not happy with the situation at all, he pursues the truth with vigor and relentlessness. What he uncovers however, is a trail of deception and deceit necessary for the town folk to "hide" their true identities - their Jewish heritage.

You won't guess who is behind the murders.

You will find it hard to believe the reasons behind them.

You will LOVE the film! For hire in video stores at the end of May.



generation q: with LUKE HUGGARD



To make contact with Luke, send an email to luke@qmagazine.com.au

hope of spending more quiet nights at home and to curb my intake of alcohol, and with Uni exams just around the corner I'm starting to think that I should probably start attending more lectures! However, I shouldn't be too hard on myself, after all, no-one is perfect (although I come pretty damn close if you ask me!), and a journey of a thousand miles does begin with one single step. But tacky metaphors aside, while packing up the house I've lived in for the last three years over cocktails with friends recently, I couldn't help but notice how easy it is to close one chapter in your life, yet starting a new one isn't quite as simple, at least the chapter you desire. Polished floorboards and granite bench tops might replace the somewhat more modest interior of my former abode, while the cosmopolitan ambience of Prahran contrasts the leafy streets of Elwood... yet what really changes?

CROSSROADS

Why is it always just around this time of year when the formation of relationships seems to be a daily occurrence? Every second friend has just met someone "special" apparently, and even one friend has re-kindled a past relationship which he admits can be nothing less than a "disastrous" idea.

I have a theory, and it has a lot to do with all of us wanting someone to keep us off the streets for the winter months. This kills two birds with one stone in my eyes - we enjoy warm nights on the couch instead of getting a cold walking down Commercial Road or Peel Street at 3am, and we are cleansed of our sins of summer through a civilised, domesticated winter. A third positive attribute is the attainment of someone to take home to Mum and her equally "concerned" husband to prove that I am indeed relationship minded (Love ya Mum!).

However, the last couple of weeks are also testament to how Soviet Communism and finding a partner in the gay scene are so similar - both not bad in theory yet equally chaotic in practice! Within two weeks, I met three guys I could really see myself liking - one in particular. These encounters can only be interpreted as positive and empowering signs that there just may be a light at the end of the dark dating tunnel...right? Wrong! I suppose the fact the two of them have boyfriends and one is in the closet isn't exactly great news. These simultaneous moral dilemmas have caused me to pose several questions.

First of all, what exactly is the moral code of conduct in such situations? And do we all just really want (or think we want) what we don't or can't have? I always say I'm looking for love, but I doubt that's what the two guys with boyfriends thought when they met me. How well do we actually know ourselves? I guess that's what it all comes back to. I suppose it's like when I decided, at the start of the year, that minor changes were required in my life in order to ensure a future path of success, health and happiness in years to come! (Well...that's the official version anyway). In reality, I've moved to Prahran in the ironic

When we arrive at crossroads in our busy lives, how do we know which turn to take? And more importantly, is there such a thing as the right or wrong turn, or is it simply the journey which is important and not the destination? These questions I pose are hardly original I know, but surely they are posed by most of our generation, if not all generations. Maybe we're all still in the closet in some sense, or at least have demons lurking in them! I suppose you must never stop learning throughout life, no matter how much you think you've learnt in the past or how many mistakes you've made. I say no-one's perfect, so let's all have a warm and happy winter - whether it's with our friends, our lovers or ourselves.

Teeth Whitening



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what's been on around town



DTs



151



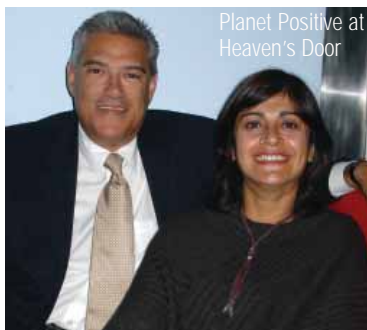
Pink



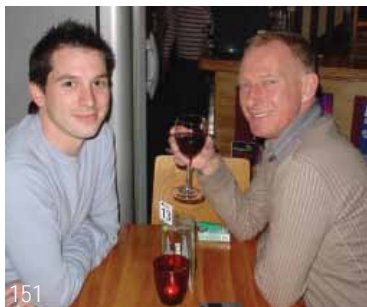
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Heaven's Door



Planet Positive at
Heaven's Door



151



Foam a Sexual
@ Peel



Pink



Glasshouse



Market



Shed 16



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Gay and Lesbian
Movies Online

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151



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Shed 16



GLOBE Bowling



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out in: MELBOURNE

what's been on around town

DIVA



Star



DTs



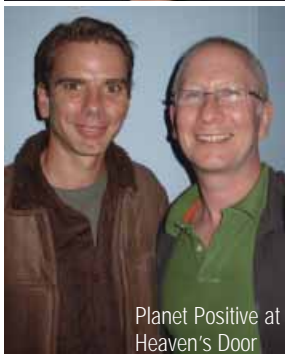
Planet Positive at
Heaven's Door



Planet Positive



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what's been on around town



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Star



Star



Laird



Laird



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Shed 16



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q culture: COMMUNITY/THEATRE/ART



scienceworks
museum

Top Secret – Licence to Spy

This interactive exhibition, set in various locations around the world, including the Sahara Desert, Germany and Australia, explores the scientific world of espionage. A crime has been committed, a powerful supercomputer stolen, which, if landed in the wrong hands could destroy the world. There are four suspects, all of whom have various motives for stealing the computer. Enter the scenario, and armed with a spy file and spy identity, become a secret - agent, investigating leads and piecing together the events. Top Secret was built by Scitech, Perth in partnership with Scienceworks. Date: Opens 27 May 2006 Cost: \$11 Adult, \$4.00 Concession, \$3.50 Child . Includes entry to Scienceworks.

Spirit of the Games: the Opening Ceremony revealed

Go behind-the-scenes of the Melbourne 2006 Commonwealth Games Opening Ceremony. This spectacular exhibition showcases the props, costumes, lighting, never-before-seen footage, music and icons from the Opening Ceremony. Relive the drama...

and excitement as you get into the spirit of this extraordinary ceremony. It also includes spectacular sporting moments as they occurred, and provides a lasting record of the place the Melbourne Games has within the rich history of the Commonwealth Games. Date: Until 23 July 2006 Cost: Free with Museum entry.



.immigration.
museum

Greek treasures: from the Benaki Museum in Athens

Over 8,000 years of history in one extraordinary exhibition. Drawn from one of the world's most famous collections of Greek treasures, this exhibition... celebrates the vibrancy of Greek artistic and political life from 6,000 BC to the early 19th century. Over 160 exquisite objects will be on display, including ceramics, embroidered textiles, jewellery, figurines, oil paintings and Byzantine icons. Organised by the Powerhouse Museum in association with the Benaki Museum in Athens. Date: Until 28 May 2006 Cost: \$12 Adult, \$6 Concession.

Darren Natale in VELVET TALES

Darren returns after sell out seasons of Audacious with a new show full of tales of the city: a city where the streets are lined with velvet and sailors wear their pride in their pants. Where lovers glow in the moonlight. Where the sound of a gun shot heralds the new day and beauty winds itself around the light posts and spills out onto the sidewalk. Natale is an actor, singer and raconteur – a big man with a big voice, a big heart and a big ... talent. He teams up again with the sparkling Mark Jones on piano. Dates / times: Thursday 25 May – Sunday 28 May, all shows at 9.00pm Tickets: \$25; \$20 concession-holders Bookings: Telephone 9690 2000 or at www.thebutterflyclub.com



an international conference and arts program

Self-described gay disabled vegetarian Kiwi Philip Patston, radical queer activist and outspoken survivor of the mental health system Julie McNamara (UK), historian and social activist Joan Nestle (USA) and Melbourne's own Sue-Ann Post head a list of professional artists from around the world and across Australia who are converging at Gasworks Arts Park in May for the award-winning Art of Difference arts program. Queer audiences should take particular note of the one-night only public performance of Julie McNamara's Pig Tales on Friday 19 May. Highly acclaimed in its several international tours, this production is a wild ride into gender and the resilience of the human spirits. Pig Tales tells the story of a female child raised as a boy, and it evokes a fantasy world created by people who have been brutalised by organised religion and the psychiatric system. Also featuring in the arts program is Stand-Up/Sit Down, a comedy night headlined by Sue-Ann Post, Australia's only six-foot, lesbian, ex-Mormon, comedian and author.

ART OF DIFFERENCE 2006 Dates: May 18 to 20 Venue: Gasworks Arts Park, 21 Graham St, Albert Park (Melways 2J H7). Further information and conference registration: Ph: (03) 8606 4200 or gasworks.org.au



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and Join **The Classics** at Castlemaine.
This Queens Birthday Weekend*

DATE: Sunday 11th June 2006

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SHOWS: Featuring The Multi-Award Winning Classics

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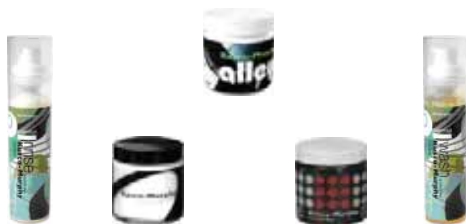
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q beauty: with GEORGE ALEXANDER



THAT'S HOT!

Looking for the hottest brand in hair care? Well it's time you found out more about Australia's own Kusco-Murphy!

Established over a decade ago, Kusco-Murphy has been taking care of the needs of not only us mere mortals, but essentially the grueling demands of actors and models all over the world.

With natural hair treatments, styling products and body care that includes the world renowned BEACH HAIR (my husband's favourite), LAVENDER CRÈME (great for curl definition and frizz), CINNAMON WAX (great for mohawks and dreads), BEDROOM HAIR (for that just f***ed look) and my personal favourite, the matt finish ALLEY PASTE! The products smell good enough to eat; they are natural, totally vegetarian, professional and are fun and easy to use.

It all began from the well known salon of the same name, which was situated just off Chapel St. St. Yarra, in Melbourne's chic fashion precinct. The salon soon became a mecca for in-town celebrities such as Kylie and Danni Minogue, who were not only having their do's done at Kusco-Murphy, but also began using their natural and organic hair treatments and styling products. Soon the word was out and before you knew it, Kusco-Murphy became the hottest product in town.

Today the product line is still as popular as ever due to being used and loved by notable celebrities such as Cate Blanchett, Elle MacPherson, Sharon Stone, Paris Hilton, Nicole Richie, Jewel, Melissa Etheridge, Uma Thurman, Natalie Imbruglia, Pierce Brosnan, Christy Thurlington, Nicole Kidman, Kylie, Danni and well most importantly...ME! [Ed: me too]

In fact, most of their products were conceived due to the demands of these celebrities. Kusco-Murphy's head stylist had the enviable task of traveling the world, working intimately with actors and models, creating the directional looks of some of the most beautiful people in the world.

Kusco-Murphy is still an Australian privately - owned company that exports products all over the world with a prestigious 'cult' following in the US. Found in only the most exclusive of addresses, from Rodeo Drive to Manhattan's most exclusive salon and spa district. I hear being a close friend of Uma might just get you an appointment! If Uma's number isn't listed in your mobile phone, you can find the complete range of hair care and body care in the newly opened Citrus Organic Hair Spa at 71 Toorak Rd. St. Yarra. Alternatively you can find their national list of stockists at www.kuscomurphy.com.au or by calling 03 9706 5599.

For your chance to win an exclusive Kusco-Murphy Spa pack valued at over \$200.00, email beauty@qmagazine.com.au ... Good luck!

To contact George, to ask questions, or possibly suggest a product for us to highlight in Q Magazine's Beauty page, please email beauty@qmagazine.com.au.



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